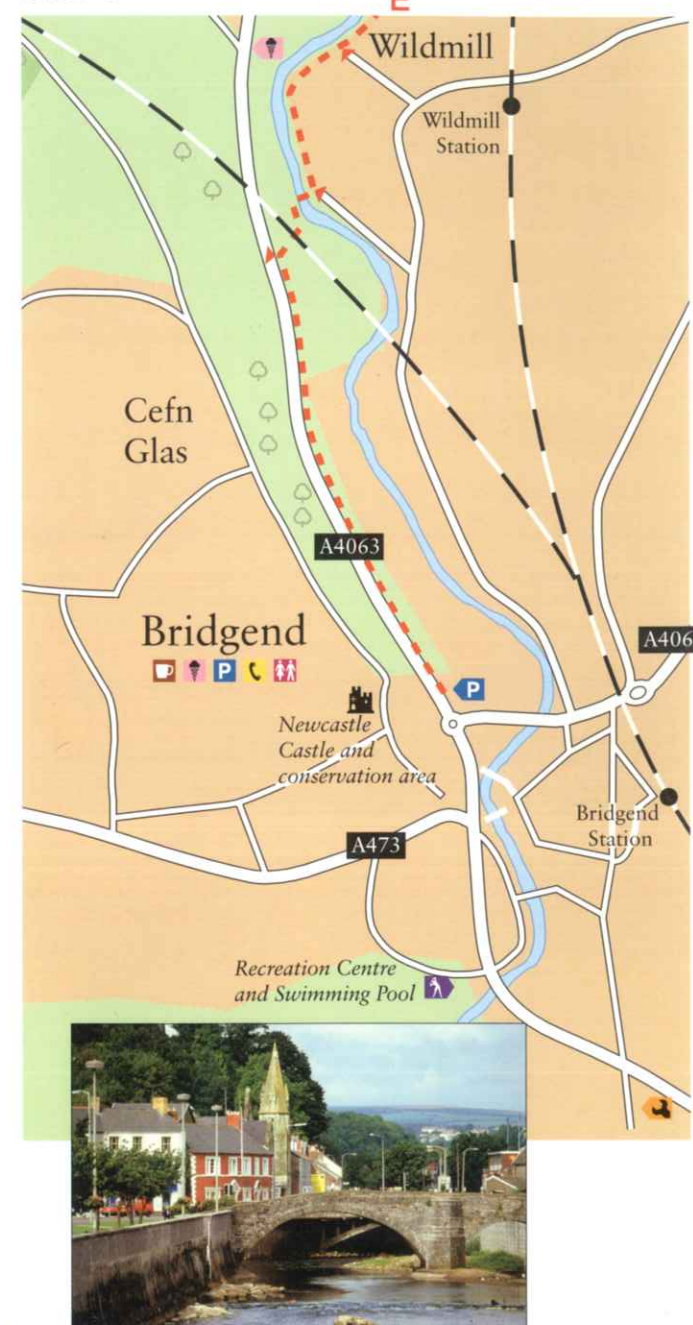


MAP 5



MAP 6



Old Bridge, Bridgend

GOOD CYCLING CODE

When using the Ogmore Valley Community Route, please

- give way to pedestrians, leaving them plenty of room
- carry a bell and use it - don't surprise people
- remember that many people are hard of hearing or visually impaired - don't assume they can see or hear you
- keep to your side of any white dividing line
- don't expect to cycle at high speeds and be prepared to slow down or stop if necessary
- be careful at junctions, bends and entrances
- when cycling on road sections always follow the Highway Code.

ACKNOWLEDGEMENTS

This guide is intended to help improve and promote access to the countryside in Bridgend County Borough from the Celtic Trail and Community Routes as part of the *Discover Bridgend's Special Places* project. It was produced by Groundwork Bridgend in partnership with



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European Regional
Development Fund

If you have any comments or suggestions, please contact:



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PEN-Y-BONT AR OGWR

Groundwork Bridgend
The Environment Centre
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Tondu
Bridgend CF32 9BT

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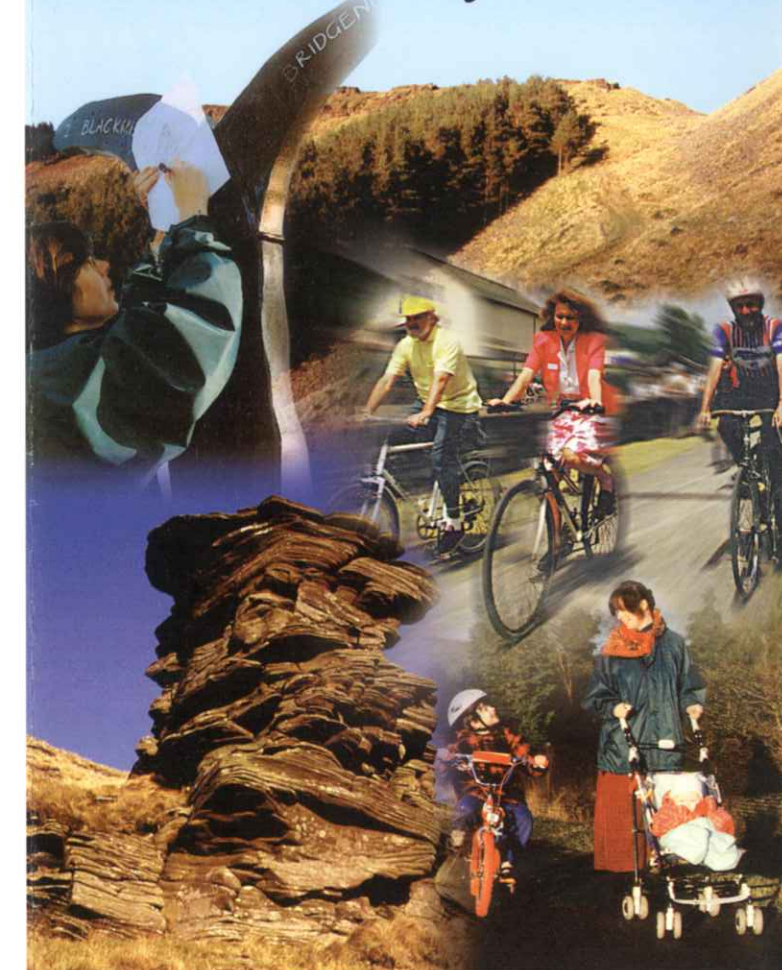
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Produced by Jonathan Hurley Design 01656 652703



A guide to 11 miles (18kms) of
motor traffic-free path for cycling,
walking and wheelchairs from
Nantymoel to the outskirts of
Bridgend, including details of
attractions, facilities and services

GUIDE TO THE Ogmore Valley Community Route



Ogmore Valley Community Route

This is the first of a series of guides describing Bridgend's Community Routes, motor traffic-free paths for cycling, walking and wheelchairs which form a network linking urban areas and the wider countryside.

The Ogmore Valley Community Route runs for 11 miles (18kms) from Nantymoel to the outskirts of Bridgend. It provides a safe recreational and commuter route for local people and offers an opportunity for visitors to explore a unique South Wales valley and sample renowned Welsh hospitality. Refer to the maps in the guide to discover some of Bridgend's *Special Places* - locally known attractions close to the Community Route.

The route will take about one and a half hours of comfortable cycling in each direction but allow extra time for breaks and exploration.

THE CELTIC TRAIL



The Celtic Trail, which links into the Ogmore Valley Community Route, will provide 186 miles (206 kms) of cycle friendly routes linking the major towns and tourist attractions across South Wales by the year 2000. It will form part of Route 4 of the National Cycle Network. For further information on sections open, telephone 0800 243731.

ACCOMMODATION

The main accommodation base in Bridgend County Borough is in the major tourist resort and seaside town of Porthcawl, which has a large number of hotels, guest houses and B&Bs. Closer to the Ogmore Valley Community Route, the market town of Bridgend has a number of places to stay. The Tourist Information Centres at Porthcawl (Tel: 01656 786639) and Sarn (Tel: 01656 654906) keep up-to-date lists of accommodation of all types throughout the County Borough.

RAIL TRANSPORT

If you can't cycle to the Community Route, using the train is a sensible alternative to any other form of transport. The rail company operating in this area is Wales and West. At the time of writing, some services will carry bicycles free of charge without reservations subject to space being available. Other services carry a maximum of two cycles per train and require reservations that incur a fee of up to £3 per cycle. For bookings and information contact the National Rail enquiry bureau (Tel: 0345 484950).

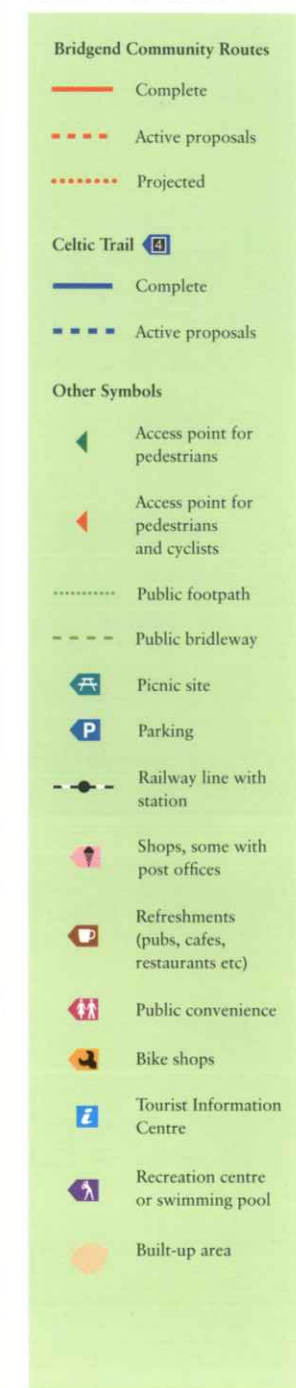
FURTHER INFORMATION

- for a local weather forecast, call Weathercall South Wales (Tel: 0891 500409)
- OS Explorer maps 151 (Cardiff & Bridgend) and 166 (Rhondda & Merthyr Tydfil) will help you find your way around the countryside from the Community Route
- locations of attractions, facilities and services are marked on the maps inside the leaflet.

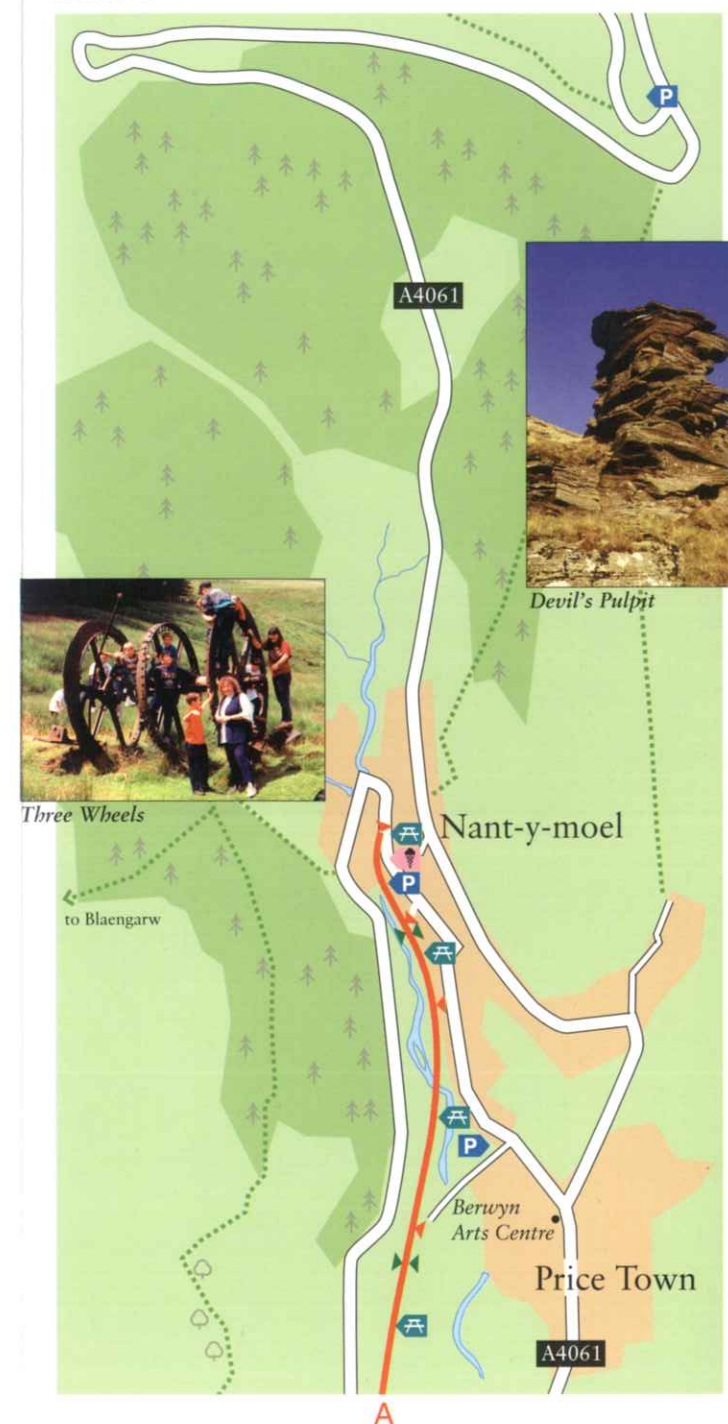
BRIDGEND COMMUNITY ROUTE NETWORK AND CELTIC TRAIL



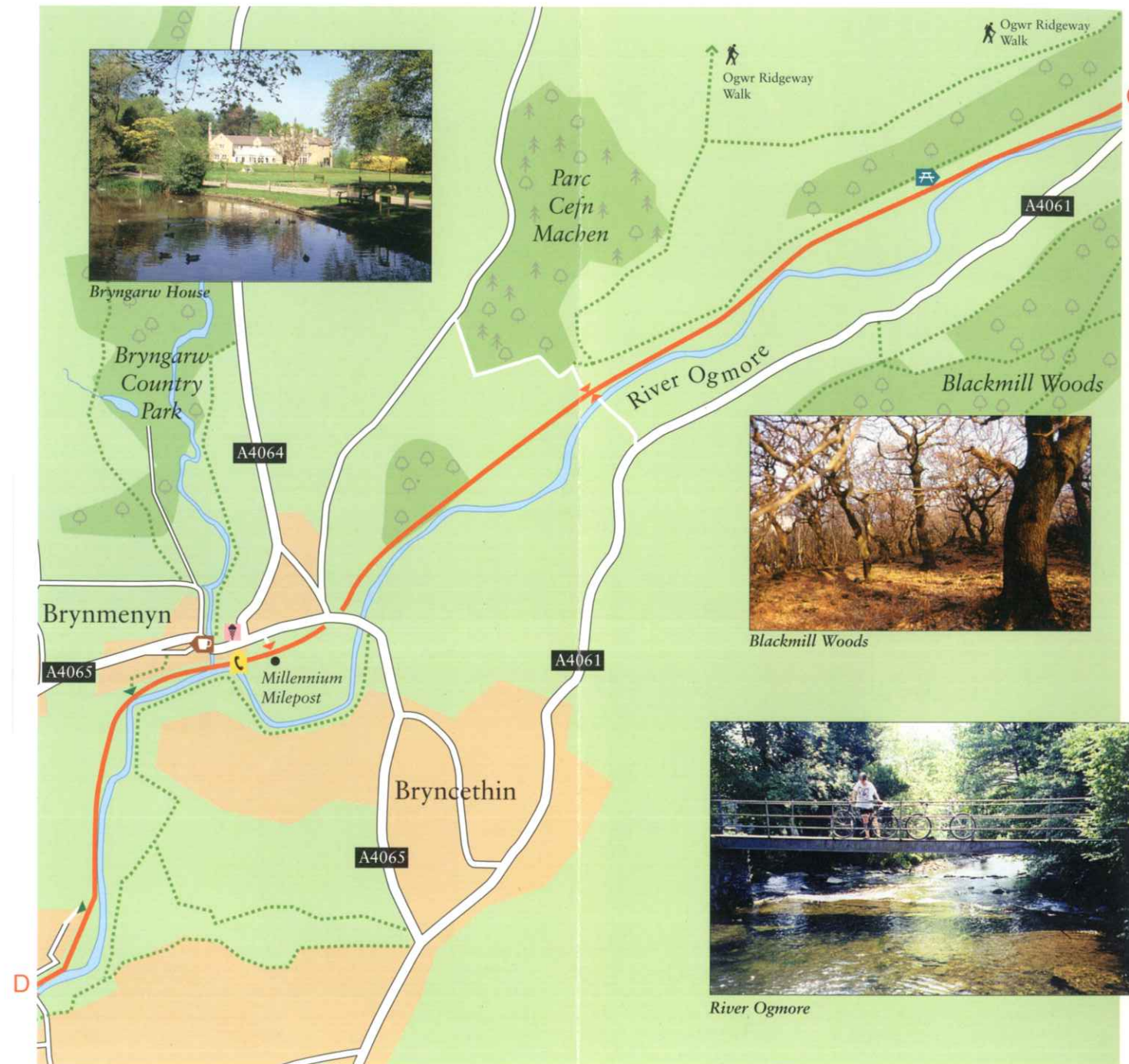
KEY TO MAPS



MAP 1



MAP 4



MAP 2



MAP 3

